

# HYPOGLYCAEMIA

**LOW** if Blood Glucose Level is below:  
TREAT IMMEDIATELY

## Signs and symptoms

Note: Symptoms may not always be obvious

**DO NOT LEAVE STUDENT UNATTENDED  
DO NOT DELAY TREATMENT**

### Student conscious & cooperative

Able to eat hypo food

### Hypo treatment or fast acting carb:

As supplied or listed on management plan

### Recheck BGL after mins

If BGL repeat fast acting carb

### Student unconscious or drowsy

Risk of choking or unable to swallow

### First aid

Place student on their side and stay with the student

**CALL AN AMBULANCE  
DIAL 000**

### Contact parent or guardian

when safe to do so

Student's name

DOB

Grade/Year

## Key contacts

Name

Phone

Relationship

Name

Phone

Relationship

## Injection

Will an injection will be required at school:

no                      yes                      with supervision

In room/location

Continuous Glucose Monitoring (CGM)

## Routine BGL checking times

- Anytime, anywhere in the school
- Times as per management plan
- Any time hypo is suspected or student feels unwell
- Prior to activity
- Prior to exams or tests

# HYPERGLYCAEMIA

**HIGH** if Blood Glucose Level is above  
(High BGLs are not uncommon)

## Signs and symptoms

Note: Symptoms may not always be obvious

### Student well

Re-check BGL in 2 hours

### Student unwell

e.g. vomiting

### Check ketones

(Refer to plan)

**Encourage student to drink water and return to class**

### Call key contact(s)

to collect student ASAP

**In 2 hours, if BGL still above key contacts for advice                      call**

**Clinic:**

**Clinic contact:**

**Contact No:**